

Miami Herald

HEALTH

How to handle a holiday season awash in viruses

■ Should you wear a mask on a plane? If you have a cold, should you still go to a Christmas party? Here's how to navigate the holidays with COVID, the flu and RSV circulating.

BY MICHELLE MARCHANTE
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It seems like whenever there's a party, someone goes home sick. Dr. Ladan Pourmasiha, a family-medicine physician, regularly sees patients coming in with coughs, runny noses and sore throats after large gatherings. She's the medical director for Baptist Health South Florida's Urgent Care Centers in Broward County.

Pourmasiha said she saw an increase of people with COVID and the flu after Thanksgiving. She expects more will trick to doctor's offices well into December. The festivities are happening in the midst of some are calling a trip. It's not just COVID-19 that's circulating there's also influenza, respiratory syncytial virus or RSV. And there are other viruses that are going around and can cause like symptoms.

SEE TRIPTYCEM

WISH BOOK

'Being a dealing

■ Two years ago, Mark's youngest son was diagnosed with autism. Last year, she son had cancer. She's her job on hold to deal

BY TYNISA SENIOR
AND IVAN ESPINOZA
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Markisa Deloach is a year-old single parent lovingly raises her son den Starks, 4, and Jam



We're committed to going to mile

HOLIDAY SHOPPING

Is your mall open on Christmas weekend? Hours for Aventura, Dadeland, Sawgrass Mills

BY DAVID J. NEAL
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Planning a trip to the mall on Christmas Eve? You must be desperate for a present.

What about after Christmas? You must want to return the ugly sweater.

South Florida malls are closing early on Christmas Eve. They'll be closed Christmas Day before reopening on Monday, Dec. 26, the federal holiday.

What you should know about mall hours during the holiday stretch:

HOLIDAY HOURS AT MAJOR SOUTH FLORIDA MALLS

Remember, individual stores might close earlier

than the mall as a whole.
Aventura Mall: Closing at 7 p.m. on Christmas Eve, closed on Christmas Day. Open at 9 a.m. Monday, Dec. 26.

Broward Mall: Closing at 6 p.m. on Christmas Eve, closed on Christmas Day. Open at 11 a.m. Monday, Dec. 26.

Coral Square: Closing at 6 p.m. on Christmas Eve, closed on Christmas Day. Open at 11 a.m. Monday, Dec. 26.

Dadeland Mall: Closing at 6 p.m. on Christmas Eve, closed on Christmas Day. Open at 9 a.m. Monday, Dec. 26.

Dolphin Mall: Closing at 6 p.m. on Christmas Eve, closed on Christmas Day. Open at 9 a.m. Monday, Dec. 26.

The Falls: Closing at 6 p.m. on Christmas Eve,

closed on Christmas Day. Open at 11 a.m. Monday, Dec. 26.

Florida Keys Outlet Marketplace: Closing at 6 p.m. on Christmas Eve, closed on Christmas Day. Open at 11 a.m. Monday, Dec. 26.

Miami International Mall: Closing at 6 p.m. on Christmas Eve, closed on Christmas Day. Open at 10 a.m. Monday, Dec. 26.

Sawgrass Mills: Closing at 6 p.m. on Christmas Eve, closed on Christmas Day. Open at 10 a.m. Monday, Dec. 26.

Westland Mall: Closing at 6 p.m. on Christmas Eve, closed on Christmas Day. Open at 10 a.m. Monday, Dec. 26.

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WASHINGTON, D.C.

CAROLYN KASTER AP

SHOWING GRATITUDE AND RESOLVE

Vice President Kamala Harris and House Speaker Nancy Pelosi hold a Ukrainian flag signed by Ukrainian President Volodymyr Zelenskyy presented it during his speech to a joint meeting of Congress on Capitol Hill on Wednesday. **More, 7A**

MIAMI SHORES

Will housing-development proposal

HATTI

Ex-rebel known as 'the torturer' is arrested in president's assassination

■ A former rebel leader has been arrested in connection to the July 7, 2021, assassination of Haitian President Jovenel Moïse.

BY JACQUELINE CHARLES
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A former rebel who is known as "the torturer" has been arrested in the slaying of Haitian President Jovenel Moïse, informed sources told the Miami Herald.

Miradieu Faustin, also an ex-soldier in the Haitian army, was arrested this month along with Divisional Police



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EVENTS

8 p.m. Wednesday-Saturday, 3 p.m. Sunday through Jan. 1, Actors' Playhouse in the Balcony Theatre at the Miracle Theatre, 280 Miracle Mile, Coral Gables; \$40-\$125 with weekday discounts for seniors and students; actorsplayhouse.org or 305-444-9293.

HOLIDAYS AT MIAMI CHILDREN'S MUSEUM

On Dec. 23-24, get ready for the Christmas countdown by singing along with carolers, making Christmas cookies, meeting Santa and making decorations in the Art Studio for the You and Me Tree.

Miami Children's Museum, Watson Island at 980 MacArthur Causeway; \$24 for general admission and \$16 for FL residents with valid ID; miamichildrensmuseum.org/tickets-admissions.

HISTORIC HOLIDAYS AT THE DEERING ESTATE

Head to the South Dade historic site, the former home of Charles Deering, for a series of events focusing on Christmas, including storytime and photos with Santa, guided strolls around the property to enjoy the decor, campfires, holiday movies and more.

Throughout December at 16701 SW 72nd Ave., Miami; visit deeringestate.org for dates, times and prices of all events.

SANTA'S CIRCUS AND MAGICAL VILLAGE AT JUNGLE ISLAND

Jungle Island becomes a holiday wonderland with an interactive walk-



ALEXIA FODERE For The Miami Herald

The Miami Children's Museum will host Christmas activities through Dec. 24.

through adventure that includes lights, music, characters, carnival games, photos with Santa, gingerbread-making and hot chocolate and churros (Santa loves churros).

4-8 p.m. Thursday and Friday, 11 a.m.-8 p.m. Saturday and Sunday, through Jan. 1 at 1111 Parrot Jungle Trail, Miami; 33132) Tickets start at \$15.99; SantasCircus.com

SANTA'S ENCHANTED FOREST

At its new and bigger home at the corner of Medley and Doral, Miami's favorite holiday-themed amusement park awaits with rides, games, dioramas and food that is deliciously bad for you.

5 p.m.-midnight daily through Jan. 8 at 7400 NW 87th Ave., \$42.99 age 9-adults; \$34.58 kids 8 and under and seniors; season pass \$67.29 adults; \$57.94 kids 8 and under and seniors; santasenchantedforest.com

A VERY MERRY GARDEN

Christmas at Fairchild Tropical Botanic Garden runs through Jan. 1, with daytime reindeer scavenger hunts, letters to Santa, hot cocoa and storytime tales with Mrs. Claus. You can also ride a

sing-along tram express with Santa himself.

Through Jan. 1 at 10901 Old Cutler Rd., Coral Gables; admission \$24.95 for adults; \$11.95 for kids 6-17; kids 5 and under free; students \$15.95; seniors \$17.95; members get discount; fairchildgarden.org

NIGHTGARDEN AT FAIRCHILD

The outdoor wonderland of lights, plus old friends like Archie the Talking Tree and your favorite food trucks, return to the 83-acre botanical garden in Coral Gables.

6-10 p.m. Thursday-Sunday through Jan. 8, 10901 Old Cutler Rd., Coral Gables; adults \$30, kids \$25; discounts for members, military, seniors, students; nightgarden.com

NIGHT OF LIGHTS AT PINECREST GARDENS

See Pincrest Gardens turn into a winter wonderland with thousands of lights, plus story time, Santa, a holiday bazaar and more.

6-9 p.m. through Jan. 1 but closed Dec. 31; 11000 Red Road, Pincrest; \$20 adults, \$15 kids 2-17; under 2 free; www.pinecrestgardens.org