What are we eating?

Most of the food we eat comes from angiosperms (flowering plants). Can you identify the plant(s) in these angiosperm-fortified foods?

Do you know the part of the plant (root, stem, leaf, flower, seed) that you are eating for each of the plants you identify?

1. Apple Pie _______________________________________________________
2. Pickles __________________________________________________________
3. Pizza Dough _____________________________________________________
4. Bread ___________________________________________________________
5. Hummus _________________________________________________________
6. Spaghetti Sauce _________________________________________________
7. Tortilla chips ____________________________________________________
8. Peanut butter ___________________________________________________

Think about some of your other favorite foods? List them below and identify the plants used in their preparation.

1. ______________________________________________________________
2. ______________________________________________________________
3. ______________________________________________________________
4. ______________________________________________________________
5. ______________________________________________________________